


March 2024

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County*



Home Delivered Meals



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Macaroni & Cheese Stewed Tomatoes Cauliflower Pineapple Chunks Bread
4	Cheeseburger Home Fries Cole Slaw Warm Apples Bun	5	Ham & Bean Soup Mixed Vegetables Cherry Crisp Cornbread	6	Chicken Patty Sweet Potatoes Creamed Corn Grapes Bun	7	Baked Steak w/ Gravy Mashed Potatoes Winter Blend Mandarin Oranges Dinner Roll	8	Sausage Gravy Scrambled Egg Hashbrowns Oranges Grape Juice Biscuit
11	Turkey & Cheese Sandwich Pea Salad Broccoli Soup Peaches Crackers	12	Ham & Noodle Casserole Carrots Cauliflower Fruit Juice Bread	13	Taco Salad Refried Beans Mandarin Oranges Tortilla Chips	14	Baked Fried Chicken Mashed Potatoes Green Beans Jello w/ Fruit Dinner Roll	15	Parmesan Chicken Salad w/ Tomatoes Italian Vegetables Blueberry Crisp Breadstick
18	Turkey w/ Gravy Sweet Potatoes Asparagus Blend Fruit Cocktail Bread	19	Hamburger Gravy Mashed Potatoes Carrots Apple Juice Biscuit	20	Honey Mustard Chicken w/ Rice Harvest Blend Green Beans Orange Pineapple Fluff Bread	21	Johnny Marzetti Spinach Salad Corn Cinnamon Applesauce Breadstick	22	Smoked Sausage Whipped Potatoes Sauerkraut Mandarin Oranges Dinner Roll
25	Teriyaki Pork Chop Au Gratin Potatoes Capri Vegetables Apples Dinner Roll	26	Chicken Salad Vegetable Soup Potato Salad Pineapple Crackers Bun	27	Turkey Pot Pie Tossed Salad w/ Tomato and Cabbage Fruit Juice Biscuit	28	Beef Chili w/ Beans Baked Potato Winter Vegetables Apple Crisp Corn Muffin Crackers	29	Meatloaf w/ Gravy Baby Bakers Broccoli w/ Cheese Apricots Dinner Roll
Menu subject to change due to availability Call by 8:00am for daily reservation or call our 24 hour Reservation line: Marietta 740-373-3455 Beverly 740-984-4475 New Matamoras 740-865-2448 All meals served with milk and bread.				REMINDER HDM CLIENTS: If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS					