




May 2025

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU Morgan County Congregate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Hamburger Gravy Whipped Potatoes Green Beans Apricots Biscuit	2 Pizza Casserole Corn Cucumber Salad Mandarin Oranges Breadstick
5 Ham & Bean Soup Tossed Salad Pickled Beets Pineapple Cornbread	6  <u>Choice Day</u> Baked Steak w/ Gravy <u>Or</u> Baked Liver w/ Onions Mashed Potatoes California Blend Mandarin Oranges Bread	7 Chicken Parmesan w/ Mozzarella Tossed Salad Peaches Breadstick	8 Pork w/ Gravy Whipped Potatoes Sauerkraut Banana Bread	9 Philly Cheesesteak Casserole Sliced Potatoes Broccoli Applesauce Bread & Cookie
12 Cabbage Casserole Mashed Potatoes Pacific Vegetables Fruit Cocktail Bread	13 Turkey Sandwich Potato Soup Lettuce, Onion, Pickle Mandarin Oranges Bun & Crackers	14 Pork Chop Sweet Potatoes Brussel Sprouts Fruit Juice Bread	15 Kielbasa Mashed Potatoes Cabbage Pineapple Bun	16 Chicken Salad Broccoli Soup Celery, Carrot, Cucumber Apricots Bun & Crackers
19 Lemon Pepper Chicken Au gratin Potatoes Seasoned Spinach Fluff Fruit Salad Bread Pudding	20 Spaghetti w/ Meat Sauce Italian Vegetables Cauliflower Pineapple Breadstick	21 Mexican Casserole Lettuce & Tomato Peaches Salsa Crackers	22 Beef Stew w/ Vegetables Tossed Salad Tropical Fruit Biscuit	23  <u>Choice Day</u> Pork Chop Mashed Potatoes Brussel Sprouts Pears Bread <u>Or</u> Choice of Chef Salad
26 <u>Closed Holiday</u>	27 Cubed Steak w/ Mushroom Gravy Mashed Potatoes Spring Vegetables Applesauce Bread	28 Baked Chicken Thigh Sliced Potatoes Green Beans Fruit Juice Bread	29 Ham & Cheese Vegetable Soup Potato Salad Mandarin Oranges Bun & Crackers	30 Lasagna Roll-ups California Vegetables Tossed Salad Apple Crisp Breadstick

Menu subject to change due to availability

Call by 8:00am for daily reservations or call our
24 hour reservation line: 740-962-6696.

All meals served with milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS