

# WMCAP INFORMER

June 1st, 2011

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**BEST WISHES**  
DARLA  
JOHNSON

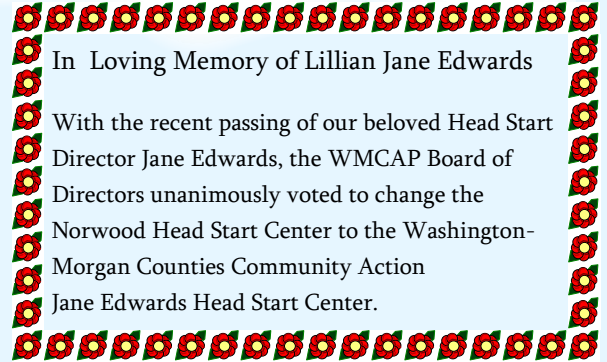


## McKinney Vento/Kinship Care Program

On Thursday, May 19th the McKinney Vento/ Kinship Care Program celebrated another successful year with a recognition dinner. Our very own Carolyn Jenkins, works year round to assist individuals raising children that are not their own, often it is grandparents or great grandparents raising grandchildren. Funded by a McKinney Vento grant from the Morgan Local School district and CSBG the program serves Morgan County families. The dinner was paid for by donations from local businesses and this year received support from a spaghetti lunch sponsored by the Morgan County Department of Job and Family Services.



The pictures show children doing the "chicken dance" and Washington-Morgan Community Action Board members Duane Pool (right) and Morgan County Commissioner Mike Reed (left).



In Loving Memory of Lillian Jane Edwards  
With the recent passing of our beloved Head Start Director Jane Edwards, the WMCAP Board of Directors unanimously voted to change the Norwood Head Start Center to the Washington-Morgan Counties Community Action Jane Edwards Head Start Center.

## UPCOMING WMCAP EVENTS



Secret Santa Annual Pasta Dinner-June 2011

On Friday, June 3rd, WMCAP will be hosting a Pasta Dinner from 5pm to 8pm at the Unitarian Universalist Church on the corner of 3rd & Putnam. The meal includes pasta with either meat or vegetarian sauce, salad, bread, desserts, and a drink. There will also be a country store with great items! Tickets for the event will be \$6.00 for adults, and \$3.00 for children 5 and under. Tickets can be purchased at 218 Putnam Street before the event or you may purchase tickets at the door. This event is open to the public so don't forget to invite your friends and family. All proceeds will benefit the Secret Santa program.

WMCAP Holiday Closure—July 2011



WMCAP will be closed on Monday, July 4th for the Independence Day holiday.



WMCAP Picnics—July 2011



Friday, July 15th for Morgan County and  
Friday, July 22nd for Washington County

\*Additional information will be mailed at a later date.



August 2011



Donations will be greatly appreciated. Stay tuned for the exact date of the garage sale and when and where you may drop off the donated items. Get ready to cash in on some great bargain\$\$\$!

## SCHOLARSHIP WINNER

Tosha Peters is the 2011 winner of the \$1,000 David Stivison Scholarship given jointly by Washington Morgan Counties Community Action and COAD. Tosha will be attending Ohio University, Zanesville campus in the fall. Congratulations Tosha!



Picture shown above is Tosha Peters along with her grandfather Rick Webb, and Morgan County Sheriff Tom Jenkins.

## Welcome to the WMCAP Family

**Lisa Vore—HS Center Teacher—Belpre**

**Millie Stuthard—HS FEA—Belpre**

**Stacey Courtney—HS/EHS Sub Teacher Aide**

**Makisha Mayle—HS/EHS Sub Teacher Aide**

**Aleena Tompkins—EHS Teacher Aide—PALS**

**Chris Taylor—EPP Energy Auditor—H&T**

**Chris Sargent- Weatherization Laborer—H&T**

**Tom Burroughs—Sub Bus/Van Driver—H&T**

Cheyenne Oaks has been named the new Housing & Transportation Director. Cheyenne started with the Agency in September 2009 as a Planning Assistant and is up for a new challenge.

**CONGRATULATIONS**  
CHEYENNE OAKS

As you may have already heard Darla Johnson our Program Director for Housing & Transportation will be leaving the WMCAP family in June. Darla and her family will be moving to Texas to start a new journey.

## Summer Feeding Program



WMCAP will once again be administering the Summer Feeding program this summer in New Matamoras, McConnellsville, and Malta. The program will start Tuesday, June 21st and run through Friday, August 12th. We will have some activities in order to get children out to the sites. The Summer Feeding program is open to all children under the age of 18. If an adult accompanies them, they cannot eat the meals. All participants need to do is call the nutrition sites in their county in order to reserve a spot. (Washington County 373-3455 or Morgan County 740-962-6696).

One big change we have this year is that we have the help of two Ameri-Corps Summer Associates. One will be serving in Morgan County sponsored by the Ohio Association of Second Harvest Food Banks, while the Washington County summer associate is sponsored through Ohio Campus Compact thanks to Marietta College. We are looking forward to providing a great summer program. *\*Article by: Lauren Behe, Vista Volunteer*

## Protecting Yourself from HEAT STRESS

**Heat Stroke**-a condition that occurs when the body becomes unable to control its temperature, and can cause death or permanent disability.

### Symptoms

- High body temperature
- Confusion
- Loss of coordination
- Hot, dry skin or profuse sweating
- Throbbing headache
- Seizures, coma

### First Aid

- Request immediate medical assistance
- Move the worker to a cool, shaded area.
- Remove excess clothing and apply cool water to their body.

**Heat Exhaustion**-the body's response to an excessive loss of water and salt, usually through sweating.

### Symptoms

- Rapid heart beat
- Heavy sweating
- Extreme weakness or fatigue
- Dizziness
- Nausea, vomiting
- Irritability
- Fast, shallow breathing
- Slightly elevated body temperature

### First aid

- Rest in cool area.
- Drink plenty of water or other cool beverages.
- Take a cool shower, bath, or sponge bath.

**Heat Cramps**-Affect workers who sweat a lot during strenuous activity. Sweating depletes the body's salt and moisture levels.

### Symptoms

- Muscle cramps, pain, or spasms in the abdomen, arms or legs.

### First Aid (continued)

- Do not return to strenuous work for a few hours after the cramps subside.
- Seek medical attention if you have the following: heart problems, are on a low-sodium diet, or if the cramps do not subside within one hour.

### First Aid

- Stop all activity, and sit in a cool place.
- Drink clear juice or sports beverage, or drink water with food. *\*Avoid salt tablets*

## Summer Birthdays!!!

With rays of sunshine that summer brings us, let's remember to wish those employees listed below a very Happy Birthday!!



### June

Don Leasure—1st

Jill Hart—2nd

Brandee Nau—4th

D.J. Schilling—5th

Mary Sue Matheney—9th

Vesta Kidd—15th

Nichole Holland—16th

Mandy Hunter—17th

Patsy Hupp—17th

Marcia Petty—19th

Rose Hansen—19th

Peggy Rayburn—22nd

Harold Brown—24th

Carl Davis—24th

Jessie Thompson—24th

Tonya Lemon—25th

Susie Wilhelm—25th

Amber Mayle—26th

### July

Billy Johnson—7th

Tonya Mock—10th

Linda Corp—20th

Bill Cassidy—21st

Sue Clegg—22nd

Nathan Britton—23rd

Beth Guinn—25th

Diane Jett—27th

Carina Page—28th

Cathy Rees—31st

### August

Lisa Adams—2nd

Mary Bayless—2nd

Denny Herndon—2nd

Mona Croston—5th

Ila Russell—6th

Vickie Bigley—7th

Sherry Rhodes—10th

Teresa Markle—15th

Kristi Vincent—19th

Carolyn Hanson—19th

Brenda Eddy—23rd

Rachel Shipley—31st

HAPPY BIRTHDAY!!



## Kudos Korner

Congratulations goes out to Cheyenne Oaks for guessing the Spring newsletter trivia question. She won a \$10.00 gift card from Walmart. Way to go Cheyenne!



We would also like to send out a **BIG THANK YOU** to Vesta Kidd and Cathy Ryan for donating their time and effort for the Memorial luncheon held in honor of Jane Edwards on Sunday, May 15th.

## FUN TRIVIA

Let's try something new with this newsletter.....Call HR at 740-373-3745 ext. 402 or 404 with the correct answer to the trivia question and your name will be put into the GRAND PRIZE drawing. Please note: All answers must be submitted no later than 1:00 p.m. on Friday, June 10th.

TRIVIA QUESTION: What was the FIRST commercially manufactured breakfast cereal?

BONUS QUESTION: What was the name of Cheerios when it was first marketed 50 years ago?