


May 2024

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County*

Home Delivered Meals

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--|--|---------|--|-----------|---|----------|---|--------|--|
|  | | | | 1 | Ham Salad Broccoli Soup Potato Salad Apricots Bun | 2 | Shepards Pie Tossed Salad w/Tomatoes Blueberry Crisp Biscuit | 3 | Cheeseburger Potato Wedges Baked Beans Strawberries Bun |
| 6 | Sausage Gravy Scrambled Egg Hashbrowns Sliced Oranges Fruit Juice Biscuit | 7 | Chicken Patty Sweet Potato Fries Creamed Corn Fruit Juice Bun | 8 | Turkey & Cheese Potato Soup Pea Salad Mandarin Oranges Bun | 9 | Baked Steak Mashed Potatoes Green Beans Sliced Apples Dinner Roll | 10 | Swedish Meatballs Broccoli California Vegetables Pears Dinner Roll |
| 13 | Sausage Links Scrambled Egg Hashbrowns Sliced Oranges French Toast | 14 | Ham & Bean Soup Asparagus Blend Grape Juice Cherry Crisp Cornbread Crackers | 15 | Chicken Parmesan Tossed Salad w/Tomatoes Baked Peaches Breadstick | 16 | Meatloaf w/Gravy Baked Potatoes Spring Vegetables Apple Juice Dinner Roll | 17 | Smoked Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll |
| 20 | Turkey w/Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread | 21 | Beef Ravioli Spinach Salad Italian Green Beans Cinnamon Apples Breadstick | 22 | Taco Salad Refried Beans Tropical Fruit Tortilla Chips | 23 | BBQ Chicken Breast Green Beans Diced Potatoes Fruit Juice Bread | 24 | Baked Chicken Potato Salad Broccoli w/ Cheese Applesauce Dinner Roll |
| 27 | <u>Closed Holiday</u> | 28 | Peppered Steak Whipped Potatoes Green Peas Banana Biscuit | 29 | Meatball Sub French Fries Carrots Apple Juice Bun | 30 | Sloppy Joe Potatoes w/ Pepper & Onion Succotash Jello w/ Pears Bun | 31 | Macaroni & Cheese Stewed Tomatoes Tossed Salad Apple Crisp Bread |

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoras 740-865-2448

All meals served with milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS