


May 2024

WASHINGTON-MORGAN COMMUNITY ACTION
 SENIOR NUTRITION PROGRAM MENU Morgan County
 Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	Ham & Bean Soup Coleslaw Fruit Cocktail Cornbread Crackers	2	Cheeseburger French Fries Baked Beans Pears Bun	3	Baked Steak Mashed Potatoes Corn Tropical Fruit Bread
6	Chicken & Noodles Mashed Potatoes Carrots Fruit Parfait Bread	7	<i>Choice Day</i> Baked Steak w/ Gravy <i>Or</i> Liver & Onions Mashed Potatoes Green Beans Applesauce Bread	8	Baked Chicken Patty Sweet Potatoes Seasoned Cabbage Fruit Juice Bun	9	Ham & Cheese Pickled Beets Potato Salad Mandarin Oranges Bun	10	Philly Cheesesteak Casserole Sliced Potatoes California Vegetables Pears Dinner Roll
13	Meatloaf w/ Gravy Seasoned Potatoes Spring Vegetables Mandarin Oranges Dinner Roll	14	Chili w/ Beans Pickled Beets Fruit Juice Pineapple Chunks Cornbread	15	Chicken Parmesan Cauliflower Baked Peaches Bread	16	Sausage Gravy Hashbrown Patty Applesauce Tomato Juice Bun	17	Pork w/ Gravy Mashed Potatoes Sauerkraut Banana Dinner Roll
20	<i>Choice Day</i> Ham & Cheese Potato Soup Pickled Beets Mandarin Oranges Bun Crackers <i>Or</i> Choice of Chef Salad	21	Smoked Sausage Mashed Potatoes Au Gratin Cabbage Pineapple Chunks Bun	22	Turkey w/ Gravy Sliced Potatoes Brussel Sprouts Pears Bread	23	Pork Rib Sandwich Hashbrown Pacific Vegetables Fruit Cocktail Bun	24	BBQ Chicken Baked Potato Broccoli w/ Cheese Peaches Dinner Roll
27	Seasoned Chicken Snap Peas Carrots Fruit Juice Brown Rice Bread	28	Hamburger Gravy Whipped Potatoes Green Peas Peaches Biscuit	29	Sloppy Joe French Fries Summer Vegetables Jello w/ Pears Bun	30	Hotdog w/ Cheese Potato Salad Baked Beans Mandarin Oranges Bun	31	Mac & Cheese Stewed Tomatoes Peas & Carrots Apple Crisp Bread

Menu subject to change due to availability

Call by 8:00am for daily reservations or call our
 24 hour reservation line: 740-962-6696.

All meals served with milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS